



Multi-County Cancer Support Network, Inc.

Bedford, Coffee, Franklin, Grundy, Lincoln,
Marion, Moore, Warren

Volume 29

Number 9

September 2023

OFFICERS

Terry Tucker, President
Carol Davis, Vice President
Dr. Navid Monajjem, Secretary
Linda Goodman, Treasurer

DIRECTORS

Barney O'Keefe - 2023
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REPRESENTATIVES

Carol Davis - Coffee County
Roxanne Johnson - Grundy County
Cathie Brown - Marion County

MCCSN is a registered section
501 (c) (3) nonprofit organization

Dir. of Operations: Dottie Darnell
(Interim)
Office Assistant: Linda Goodman

Office Hours:
8:00 a.m. - 11:30 a.m.
12:30 p.m. - 4:00 p.m.
Tuesday, Thursday, Friday

Mailing Address:
P. O. Box 633, Decherd TN 37324

Office Address:
501 W. Broad Street
Decherd, TN

Contact Numbers:
931-967-0904
Fax: 931-967-0920

Website: www.mccsn.org

E-mail: mccsn501@att.net

Associate Newsletter Volunteer:
Open

Newsletter published periodically
with exception of January, also
available on the website

Walk-A-thon Fundraiser

Friday, September 8
6 p.m. - 10:30 p.m.
801 Dinah Shore Blvd
Winchester

"Neighbors Helping Neighbors"

This wonderful event's purpose is to raise money to help cancer patients and their families. There is a huge financial need for cancer patients in our eight-county area (Bedford, Coffee, Franklin, Grundy, Lincoln, Marion, Moore, and Warren counties) we serve. All of us have issues in our daily lives to deal with - issues that test our patience and sometimes create stress. Once we begin to hear the problems cancer patients are dealing with, suddenly, our own problems become very minor in comparison. Many times tears are wiped away as the burdens the cancer patients are facing are known. MCCSN is thankful that we have been able to help so many cancer patients.

The reason MCCSN is so successful is because of the support of many people. Without your help, we could not be an effective aid to those who call upon us. Many make that effort around Walk-A-thon time; and, some continue to contribute all year around - either with money, resources, and most importantly, their time! Each year at the Walk-A-thon there will be many, many familiar people who have worked year after year to raise money so that financial assistance can be provided. MCCSN hopes that many new faces will join us for the 2023 Walk-A-thon's 30 years of *Neighbors Helping Neighbors*.

Come and join us on Friday, September 8, 2023!!

- MCCSN Officers, Directors & Staff

Walk-A-thon Reminders . . .

For survivors -

Remember to register and get your survivor t-shirt from the MCCSN office or at the Walk-A-thon. All cancer survivors should be ready to 'kick-off' the Walk-A-thon at 6:15 p.m., by walking the first lap as *Amazing Grace* is sung by Chris Staples and balloons are released. An amazing way to begin!

For memorials & honorariums -

The candlelight service is a highlight of the event when lights are turned out with just luminaries glowing around the track. Candle forms for purchasing candles - remembering or honoring someone whose life has been touched by cancer - are available for donation of \$10.00 each at the MCCSN office, on website and at the Walk-A-thon. What a touching moment as you see your loved one's name on the white bag with the candle lit.

For teams -

If you haven't done so yet, get your team signed up and t-shirts picked up NOW! Support MCCSN by forming a team which can be any number with each team member contributing \$50.00 each. Your team can raise money by having bake sales, car washes, yard sales, etc. Help avoid a last-minute rush. Call or fax your team shirt sizes to the office.

Upon arrival at the Walk-A-thon, please have one member of your team register at the MCCSN team tent. Support staff will be available to assist you.

This year, as in years past, a tent or canopy decorating contest will be held for groups, clubs, and others, so plan your team and decorations now. The theme is *"Neighbors Helping Neighbors"*. Team setup/decorating may begin as early as 10 A.M. Friday and should be completed by 7:30 p.m. for judging.

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Team Fund-raising done at Walk-A-Thon –

Be creative with your fundraising—sell popcorn, balloons, glow sticks, snow cones, games, or any food that is not available in the concession stand.

Sponsorship – Sponsorships have become a very important part of the Walk-A-Thon. Please sign up in one of the following categories: Silver Neighbor - \$300.00; Gold Neighbor - \$700.00; Platinum Neighbor - \$1200.00; and Platinum Plus Plus Neighbor - \$2000.00. Additional information is found on website: [www. MCCSN.org](http://www.MCCSN.org)

Activities at the Walk-A-Thon –

Silent auction: Come by and bid on the wonderful donated items! Donations for the silent actions are still being accepted.

Enjoy the entertainment –

Come and enjoy the wonderful entertainment provided by Master of Ceremonies Josh Ogle. You will not want to miss any of it!

Sharing their talents will be Little Elvis, Lisa Hale, Chris Smith & Civic Choir, Jim Tipps, Austin Burgin, Sims Family, Debbie Turner, and Josh Ogle & Family.

Awards will be presented to each of the following: First team to sign up and pay; church, friends/family, school and corporate teams with most contributions; team with most contribution from fund-raising done at the Walk-A-Thon, and team with best decorated tent featuring 2023 theme of *Neighbors Helping Neighbors*.

Special Requests –

A must request is that NO bikes, skateboards, or dogs (except service dogs) are to be brought onto the field. Your cooperation in caring for the facilities provided to MCCSN for this event is appreciated.

MCCSN appreciates all the support that is received and know there are many cancer patients who appreciate all your hard work and support.

See you there!

MCCSN Prayer list = Please pray for each person listed and their families. Names are in bold print when first added. If you have asked to be on the prayer list and your name does not appear below, or you would like to add someone to the prayer list, please email mccsn501@att.net with your request or call MCCSN office (931/967-0904).

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|---|---|--|---|--|
| <p style="text-align: center;">Bedford</p> <p>Jacqueline Cantrell Mary B. Floyd Karina Flores Carolyn F. McCroskey Kiana Pendergrass Earl Pressley James Price</p> <p style="text-align: center;">Coffee</p> <p>David Bolt Hazel Carmack Deborah Clayton Larry Davis Larry Elkins Jeffery Henshaw Gary Mahaffey Wanda Monroe Danielle Phillips Kenneth Sartain Joyce Thompson Karen Tyler</p> | <p style="text-align: center;">Franklin</p> <p>Anonymous Herman Acklen Melisa Ballard Anthony Carter Susan Elliott Kristina Farris Brenda Hall Dickie Hollis Mark Hughes James Ingle Bill Keller Dwayne Miller Tina K. Robinson Edith Scott Marylyn Short Ellen Steadman Earl Stoutzenberger Jim Tipps Peppy Zeman</p> | <p style="text-align: center;">Grundy</p> <p>Johnny Bray Ethelene Burnette Kathy Campbell Russell Fountain D. Jane Hampton Tammy Hargis Phyllis Heck Betty Johnson Brenda Layne Norman Meeks Jennifer Parmley Doris Patrick Greg Prince Joseph Sylvester Bessie D. Totherow Jeffery Vanderploeg</p> | <p style="text-align: center;">Lincoln</p> <p>Frank Bain Jane Bradley Sherry Cagle Anthony Carter Connie Carter Roxane Halburg Kimberly Johnson Joey McNeal Shirlie Mearse Connie Parks Deborah K. Tallent</p> <p style="text-align: center;">Marion</p> <p>Alicia Elmore Brittney Griffith Bobby Horton Natasha Johnson Gary Kimber Lasenia Ladd Marty Webster</p> | <p style="text-align: center;">Moore</p> <p>Jeffery Burton Vickie Farrar</p> <p style="text-align: center;">Warren</p> <p>David Aycock Jeffery Borren Sunshine Clem Kurtis Grubbs Cathy Hearn Emily Knowles Pam Minton Russell Montandon Gwendolyn Robles Kellie Thaxton Stephen Weeter</p> <p style="text-align: center;">Out of State</p> <p>Bobby Clark (Indiana)</p> |
|---|---|--|---|--|

Memorials

Johnnie Braswell
by Linda Cornelison
Linda Goodman
Katie Hill

You Can

Cancer is something that we all fear,
You're not alone, love is near.
It must be very difficult to cope,
Your strongest therapy is your hope.

You have the strength to defeat,
From your head to your feet.
Stick with it, never surrender,
By your side, we're your defender.

Deep inside we sense your power,
Our blessings we'd like to shower.
We're so proud of all that you do,
We know you can, we love you!

By AnitaPoems.co

Walk-A-Thon Volunteers Needed

Volunteers are needed for assistance in the office and at the Walk-A-Thon. Time is one of the most valuable things we have, so if you have the desire to serve, we can certainly use your help. Call the office at 931/967-0904 to offer your time and talent.

Iris "Chain of Love"



Drawing for quilt – Be sure to get in on the quilt drawing (\$1 donation). Get your tickets at the MCCSN office OR at the Walk-A-Thon!!

Deepest Sympathy

*To the families who have lost
loved ones including the families
of:*

Betty Johnson
Patsy Jean Trussell



*"When my heart is overwhelmed;
Lead me to the rock
That is higher than I."*

–Psalm 61:2b (NKJV)

REGULAR DONATIONS

Blackbaud
Susan Diane & James Sain

WALK-A-THON DONATIONS

Anonymous
First Franklin Financial
Clare Wiseman

*Thank you for caring and your
generosity*

Like MCCSN on Facebook

*Read this newsletter online:
www.mccsn.org*



About MCCSN

The Multi-County Cancer Support Network began 30 years ago as a non-profit organization designed to provide emotional, educational, and financial support to cancer patients and their families.

The MCCSN's logo is "Where there is help, there's hope". Board members meet monthly and consists of a president, vice president, treasurer, secretary and 12 directors who review and approve cancer patient's request for financial assistance and manage the finances of the organization. These board members have been touched by cancer in some way and are compassionate when it comes to cancer patients.

The organization is entirely dependent on churches, clubs, individuals, businesses, sponsors of special events, volunteers, and supporters of the annual Walk-A-Thon, all of whom give generously to provide needed assistance to cancer patients.

The caring and generosity is overwhelming. Words cannot fully express what the continuing support means.

There is not one person whose life has not been touched by cancer – either directly or indirectly. When cancer patients need assistance, we are thankful Multi-County Cancer Support Network is available.

MCCSN needs your help to continue a strong operation serving cancer patients in our local counties, so bring a car load and plan to join us for MCCSN's largest fundraiser of the year. Everyone is urged to attend and share a great night of fun and fellowship alongside all of those wanting to support MCCSN's benevolent mission.

On behalf of each director, office member, and every person benefiting from your support . . . Thank you!!

*"Every day may not be a good day,
but there is good in every day."*

Multi-County Cancer Support Network, Inc.
P. O. Box 633
Decherd, TN 37324

Nonprofit Org.
US Postage
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Winchester, TN
Permit No. 6

RETURN SERVICE REQUESTED

MAIL TO:

Survivor & Team Shirt Donations



Chief Executive Officer Adam Martin, of **Southern Tennessee Regional Health System** (Winchester), recently presented 2023 lime green survivor T-shirts donated by STRHS to Linda Goodman, Treasurer of the Multi-County Cancer Support Network (MCCSN). In addition to “walking in the first walk”, this sea of color distinguishes and honors the survivors.

MCCSN thanks Southern Tennessee Regional Health System for their faithful and continued support in helping cancer patients.



Tennessee Oncology (Tullahoma) staff poses with this year's Multi-County Cancer Support Network's team T-shirt. Tennessee Oncology donated the 2023 team shirts that will be used for the Multi-County Cancer Support Network's Walk-A-Thon on September 8 in Winchester.

From left, front, are Amanda Brooks, Patient Service Representative; Malia Ries, Preceptor Chemo prep tech; Julianna Jackson, Medical Assistant; Christopher McDonald, Chemo prep tech; Kelley Borders, Patient Service Representative, and Mary Turrentine, LPN.

MCCSN thanks Tennessee Oncology for their faithful and continued support in helping cancer patients.